

Senior Bullying

As an outreach nurse in the community, I have noticed that it appears that bullying among senior citizens is becoming more and more of a problem. I have seen bullying first hand in the senior centers and the senior living communities. It seems as though those mean kids at school are now at the senior centers and the senior high-rises. Through Pamela Countouris bullying program, I am now able to recognize bullying behaviors and take the appropriate interventions to STOP it. I can now educate the consumers of the senior centers/high rises on recognizing and dealing with the Bullying behaviors, Types of Bullying and also the impact on the targeted person. The impact the bullying has on the targeted person, the other seniors and the organization. One of the most important things learned is the importance of the consequences of not addressing the problem as well as the possible solution.

The Bullying seminar is right on target, with the scenarios used and the audience participation and interaction makes the seminar very interesting. Ms. Countouris is a very dynamic trainer and makes the training enjoyable, while being totally educational. Her information is on point, up to date and can be applied in the REAL working world with REAL life situation.

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